



# Silence and Solitude

*Sundays*

9am - 1pm Third Sunday of the Month  
Seminary of the Good Shepherd  
50-58 Abbotsford Road,  
Homebush 2140

# Silence and Solitude

# Sundays

*Silence & Solitude Sundays* are mornings of prayer and reflection. Young men interested in the Catholic Priesthood are invited to join the Seminarians of the Good Shepherd Seminary on these Sundays.

## The morning includes:

- A spiritual conference by the Spiritual Director of the Seminary
- Adoration and Benediction of the Blessed Eucharist
- Communal and private prayer
- Lunch at 1pm
- Note: Mass is not included in these mornings

Current seminarian, Lewi Barakat, says:

*"Silence & Solitude Sundays* are about being able to listen; it can be hard to hear the call of God when there is so much noise and distraction, especially the many other voices competing for our attention. *Silence & Solitude Sundays* allow us to hear the voice of God deeply in our heart making our response a more informed and grace-filled one, whichever path we decide to take. The Good Shepherd Seminarians welcome you."



*Silence & Solitude Sundays* are free of charge, but registration is required for catering purposes. Note lunch is at 1pm. To enquire or register contact the Vocation Centre's Administration & Promotions Assistant at [vocations@sydneycatholic.org](mailto:vocations@sydneycatholic.org) or on (02) 9390 5970.